Healthcare Organization Commitment

Contact Details

Name
Raquel Martinez Meza

Phone
0445527555012

Email
raquel.martinez@hespanol.com

Position
Chief Quality Officer

Organization Name
Hospital Español

APSS

What Patient Safety Challenge does your Commitment address?
Challenge 14 - Falls and Fall Prevention

Commitment Name
Fall Risk Prevention in Hospitalized Patients - Update - 12.30.2019

How many hospitals are represented in this commitment?

<table>
<thead>
<tr>
<th>Last Report</th>
<th>Current</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

Did you download and use the APSS in tandem with your action plan?
Yes
If yes, was the APSS valuable?
Yes

Commitment Details

Commitment Update
The strategies described in the action plan of the initial commitment have continued presenting favorable results that has allowed us, among other things, to have a better record of the number of falls that occur in the hospital and to standardize the processes of prevention of falls throughout the hospital. Actions to work next year include: 1. Develop workshops on the risk of falls to nursing staff as a mechanism to reinforce prevention strategies. 2. Implementation of visual alerts such as blackboards in rooms in all the hospitalization unit. 3. Integration of champions in each of the services to represent the leadership of the program in the operational areas. 4. Modification of the indicators of evaluation of the program of falls that allow monitoring the prevention processes and results of the number of patients who suffer falls. 5. Develop a day for awareness of the risk of falls in different areas of the hospital with hospital staff. 6. Strengthen the patient and family education process.

Please describe any best practices your organization has learned through your commitment and share valuable lessons or challenges that were overcome.
- The importance of having a standardized evaluation tool that allows identifying the patients with the highest risk of suffering a fall. - Teamwork as an essential part for analysis and decision making to improve processes. - Improve communication between staff to exchange ideas that can function as means of improvement. - Update of good practices to reduce the risk of falls. - Learn from mistakes and be able to implement strategies that allow to move from a reactive to a proactive approach in the prevention of risk of falls.

Action Plan

Impact Details

Lives Saved

Lives Spared Total
1.1879999999999997

For reporting purposes, the number has been rounded up to the nearest whole number. Lives Spared Total
2
Acknowledgement

Yes, I acknowledge that this commitment may be used for external communication and publicly announced at the World Patient Safety, Science & Technology Summit. Furthermore, I agree that this commitment may appear on the website of The Patient Safety Movement Foundation or the Masimo Foundation. I also give permission for my commitment to be used in support of the promotion of the World Patient Safety, Science & Technology Summit as well as The Patient Safety Movement initiative.