Healthcare Organization Commitment

Contact Details

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Position
System Chief Nurse Executive, Vice President, Nursing & Chief Nursing Officer

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Cedars-Sinai

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Commitment Details

Commitment Name
Reduction in Injury Falls

What Patient Safety Challenge does your Commitment address?
Challenge 14 - Falls and Fall Prevention

Commitment Start Date
01/01/2017
**Commitment Summary**
Our commitment is to reduce injury falls by 50%

**Commitment Description & Detail**
There are a multitude of factors that play a role in patient falls. The most successful fall reduction programs have implemented multiple strategies also known as Fall Bundles. Implementation of an improved Fall Bundle and the use of various methodologies to measure and analyze all of the factors contributing to falls allows implementation of targeted, sustainable improvements

**Action Plan**
Cedar Sinai’s Fall Bundle includes the fall risk assessment process, the use of visual cues and systems to alert staff to patients at high risk for falls while improving communication among staff regarding fall risk status, and individualized fall risk reduction plans. The Fall Bundle addresses safe patient transfers while getting out of the bed for toileting or other needs, the use of equipment such as low beds, and improving staff and patient education. We are adding a Fall Prevention patient/family video to as a strategy for patient education. Along with the bundle, hourly rounding and safety checks are key to decreasing patient falls.

**Commitment Timeline**
The timeline for reducing the fall rate will be from January 1, 2017 – June 30, 2018