Healthcare Organization Commitment

Contact Details

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Position
System Chief Nurse Executive, Vice President, Nursing & Chief Nursing Officer

Organization Name
Cedars-Sinai

Commitment Details

How many hospitals are represented in this commitment?

<table>
<thead>
<tr>
<th>Last Report</th>
<th>Current</th>
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Action Plan
Cedar Sinai’s Fall Bundle includes the fall risk assessment process, the use of visual cues and systems to alert staff to patients at high risk for falls while improving communication among staff regarding fall risk status, and individualized fall risk reduction plans. The Fall Bundle addresses safe patient transfers while getting out of the bed for toileting or other needs, the use of equipment such as low beds, and improving staff and patient education. We are adding a Fall Prevention patient/family video to as a strategy for patient education. Along with the bundle, hourly rounding and safety checks are key to decreasing patient falls.

Commitment Update
The Fall Prevention patient/family video was rolled out for all patients/families to view upon admission to the hospital. Cedars-Sinai activated a Falls Task Force in September 2017. Membership included, in addition to CS inpatient setting and staff, imaging, clinics, physician offices, our affiliate hospital and a preferred home health care provider. The task force developed recommendations for documentation and communication across levels of care, and clinical prevention services including) common risk assessment strategies, documentation of all falls with causal analyses, and injury prevention strategies across the continuum of care. The Falls Taskforce has undertaken two standardization efforts this year. First, a standardized electronic focus study approach for all falls with injury was developed using the patient’s electronic health record to gather details in the clinical context for all falls. This approach - creating an analyzable database - tracks and trends fall data for further informing preventative interventions.

**Other**

**Challenge 14 - Falls and Fall Prevention**

Please describe any best practices your organization has learned through your commitment and share valuable lessons or challenges that were overcome

Cedars-Sinai strives for excellence in the prevention of falls. Over the past four (4) years, no patient at Cedars-Sinai has expired related to a fall with injury. Cedars-Sinai benchmarks its falls with injury data against large databases such as NDNQI and CALNOC. For example, from 2017-2018 the falls with injury on medical surgical units within the databases of NDNQI was 0.95 per 1000 patient days and for CALNOC 0.54 per 1000 patient days. However, at Cedars-Sinai, the rate of falls with injury is .19 per 1000 patient days. While we did not meet our aggressive pledged target of a 50% reduction (baseline 0.19/1000 patient days of falls with injury) to 0.085 falls with injury per 1000 patient days, we maintained our standard of excellence in prevention of falls with injury and have gained success in expanding our fall prevention program.

**Impact Details**

<table>
<thead>
<tr>
<th>Initial Commitment</th>
<th>Commitment Update</th>
<th>Project Next Year</th>
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<tbody>
<tr>
<td>Lives Lost 0</td>
<td>Lives Lost 0</td>
<td>Lives Lost 0</td>
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<tr>
<td>Lives Spared Harm Target 0</td>
<td>Actual Lives Spared Harm in last 12 months 0</td>
<td>Lives Spared Harm Target for following calendar year 0</td>
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<tr>
<td>Lives Saved Target</td>
<td>Actual Lives Saved in last 12 months (might differ from initial target)</td>
<td>Projected Target of Lives Saved for following calendar to try to finish commitment</td>
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**New Lives Lost (lives lost – actual lives saved)**

| 0 |

**Acknowledgement**

Yes, I acknowledge that this commitment may be used for external communication and publicly announced at the World Patient Safety, Science & Technology Summit. Furthermore, I agree that this commitment may appear on the website of The Patient Safety Movement Foundation or the Masimo Foundation. I also give permission for my commitment to be used in support of the promotion of the World Patient Safety, Science & Technology Summit as well as The Patient Safety Movement initiative.