COVID-19: A Way Out of Despair Into Hope

Friday, April 10, 2020

Welcome!
We will begin at 8:00 a.m. PST.
COVID-19: A Way Out of Despair Into Hope

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Introductions

Donna Prosser, DNP, RN, NE-BC, FACHE, BCPA, Chief Clinical Officer, Patient Safety Movement Foundation

Edward Kelley, PhD: Director, Integrated Health Services, World Health Organization

Prof. Dr. Annegret F. Hannawa, Associate Professor and Director, Center for the Advancement of Healthcare Quality and Patient Safety (CAHQs); Faculty of Communication Sciences, University of Lugano (USI), Switzerland; Founding President and Director of Research Affairs, ISCOME Global Institute for the Advancement of Communication Science in Healthcare; Associate Faculty, Bloomberg School of Public Health, Johns Hopkins University, USA; Honorary Research Associate, School of Medicine, Cardiff University, United Kingdom
COVID-19 Pandemic: Week 5

- Devastated global economy
- Unemployment is at all time highs
- Depression, anxiety, and despair are common
Current Situation (As of 09 Apr, 18H Geneva Time)

Updates from last 24 hours

– 82,736 new confirmed cases from 152 countries/states/territories:
– 0 countries/states/territories reported the 1st confirmed case:
– 6,326 new deaths from 86 countries/states/territories
– 4 countries/states/territories reported the 1st death: Antigua and Barbuda (2), Djibouti (1), Malta (1), Somalia (1)
– The 10 countries with the most reported number of cases in past 24 hours: United States of America (31709), Spain (6180), The United Kingdom (5491), Germany (4974), Turkey (4117), France (3869), Italy (3836), Russian Federation (2634), Brazil (1661), Iran (Islamic Republic of) (1634)

Globally, between 31 Dec 2019 - 09 Apr 2020

– 1,439,516 cases from 211 countries/states/territories and 1 international conveyance
– 85,711 death from 163 countries/states/territories and 1 international conveyance
– The 10 countries with the highest number of cumulative cases: United States of America (395030), Spain (146690), Italy (139422), Germany (108202), China (83249), France (81095), Iran (Islamic Republic of) (66220), The United Kingdom (60737), Turkey (38226), Belgium (23403)
– Countries/states/territories with no new cases for >14 days: None
Number of confirmed cases notified under IHR or from official government sources by WHO region, and International Conveyance (Diamond Princess) as of 09 Apr 18H
Number of confirmed cases notified under IHR or from official government sources by WHO region, and International Conveyance (Diamond Princess) as of 09 Apr 18H
Number of confirmed cases notified under IHR or from official government sources by WHO region, for China, and International Conveyance (Diamond Princess) as of 09 Apr 18H
Cases reported per day for EURO countries with >500 cases as of 09 Apr 18H
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Total 454,710 cases and 14,775 deaths reported to date from 54 countries/states/territories in PAHO.

Zero countries/states/territories have not reported any case.
Cases reported per day for PAHO countries with >500 cases as of 09 Apr 18H)

Note: Different scale on y-axis for all epic curves shown
A COVID-19 Parallel: My Survival Story
What Can Help Us Get Through COVID-19?

- Loneliness: Our human need for belonging in the context of isolation
- Storytelling
What Can Help Us Get Through COVID-19?

- Stress and anxiety
  - Our need for psychological stamina and a clear head at the frontline of care
  - [Mindfulness-Based Stress Reduction (MBSR)](https://www.mindfulnessbasedstressreduction.org)
What Can Help Us Get Through COVID-19?

• Facing uncertainty: Our need for efficiency at the frontline of care
  – Global Knowledge Repository
Safe communication: What can we do?
WHO Resources

- Daily Situation Reports
- COVID-19: Occupational Health
- Rolling Updates on Coronavirus Disease
- Global Research on Coronavirus Disease
- Rational Use of PPE
- Advice for the Public: When and How to Use Masks
- Guidance for Healthcare Workers
Q&A
Thank you to all for joining!