



## The Hospital Plan of Care

### SITUATION

**John Smith** was admitted to the hospital on **March 29** for **pneumonia** by **Dr. Jones**. Today is day **6** of this admission. The goal is for discharge by **April 6**.

### BACKGROUND

**Past Medical Problems:** Congestive heart failure, diabetes, peripheral neuropathy pneumonia.

**Past Surgeries:** Appendectomy 1985

**Allergies:** Penicillin

**Home Medications Before Admission:** See attached list

**Procedures Since Admission:** Central line placed on March 30

### ASSESSMENT (list current and potential problems)

1. Pneumonia
2. Congestive heart failure (CHF)
3. Diabetes
4. Risk for falls
5. Risk for DVT
6. Risk for infection due to central line
7. Depression

### RECOMMENDATIONS

1. Oxygen, nebulizer therapy, IV fluids (needs to stay hydrated), good oral care twice per day, chest X-ray every day (ask about trends)
2. Diuretics (a delicate balance with hydration when you have CHF), daily weights (note any weight gain of >3-5 lbs), stop smoking!
3. Blood sugar checks before each meal and before bedtime; insulin if needed because he is sick. Diabetic diet.
4. Don't get up without help, siderails up, slippers when out of bed, call bell always within reach.
5. Compression devices on for 23 hours per day, remove for an hour each day and check skin, walk several times per day.
6. Change dressing every 5 days. Make sure everyone washes their hands before touching. Make sure they use "cap cleaners" each time it is used.
7. New antidepressant started April 2.

### NOTES

- Ask whether he will need oxygen or other supplies when he comes home.
- Ask if it's OK for mom to be here after he comes home: will he be contagious?
- What time are rounds tomorrow? What number do I need to call to participate?